

MEETING ABSTRACT

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Temperament and major depressive disorder

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The Lebanese-Arabic TEMPS-A (Temperament Evaluation of the Memphis, Pisa, Paris and San Diego Auto-questionnaire) was used to assess the association between affective temperament and mental disorders in a nationally representative sample of the Lebanese Evaluation of the Burden of Ailments and Needs Of the Nation study (L.E.B.A.N.O.N). The five affective temperaments were associated with mental disorders with anxious temperament having a risk role while hyperthymic temperament having a protective role. This presentation will focus on the specific association between temperament and the age of onset of major depressive disorder.

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