



MEETING ABSTRACT

Open Access

The Spectrum Clozaril Clinic model: 12 years of positive outcome findings

Bruce Nisbet¹, Catherine Dulmus^{2*}, Laura Greyber²

From 1st International Congress on Neurobiology and Clinical Psychopharmacology and European Psychiatric Association Conference on Treatment Guidance Thessaloniki, Greece. 19-22 November 2009

Background

Clozaril (generic form Clozapine) is an atypical antipsychotic medication that is appropriate for use with a subset of individuals with psychotic disorders who have not benefited from conventional antipsychotic medications.

Materials and methods

This poster provides an overview of a unique agency-based integrated outpatient model for treating consumers with Clozaril and reports on 12 years of outcome findings (n = 114). These are the outcomes for the first 12 years of the Spectrum Clozaril Clinic for the period of 1993-2005. The "Spectrum Clozaril Clinic" model is built on an interdisciplinary team approach that emphasizes the importance of regular peer interaction, at-site provision of ancillary services, and full coordination by the team of all other treatment, rehabilitation and support services, including specialized case management

Results

Results indicate that Clozaril delivered within this model promotes an unusually high level of recovery from serious mental illness, including a dramatic level of relief from psychotic symptoms, shielding of suicidal impulses, and reducing inpatient hospitalizations.

Conclusions

The Spectrum Clozaril Clinic Model is a promising model to promote recovery from serious mental illness.

Author details

¹Spectrum Human Services, Orchard Park, NY, USA. ²School of Social Work, University at Buffalo, Buffalo, NY, USA.

Published: 22 April 2010

doi:10.1186/1744-859X-9-S1-S155

Cite this article as: Nisbet et al.: The Spectrum Clozaril Clinic model: 12 years of positive outcome findings. *Annals of General Psychiatry* 2010 9(Suppl 1):S155.

Submit your next manuscript to BioMed Central and take full advantage of:

- Convenient online submission
- Thorough peer review
- No space constraints or color figure charges
- Immediate publication on acceptance
- Inclusion in PubMed, CAS, Scopus and Google Scholar
- Research which is freely available for redistribution

Submit your manuscript at
www.biomedcentral.com/submit



²School of Social Work, University at Buffalo, Buffalo, NY, USA