

Poster presentation

The examination of stress in the first clinical experience

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Background

In the modern world, the rate of changes and acquiring of experiences had been accelerated and we can neither be safe from the distressing factors resulting from such changes or experiences nor can we eliminate them. Therefore, it is necessary to specify these factors.

In a research carried out in 1998, the distressing factors were identified as fear from making mistakes and not being accepted by the educator and fear from deficiencies.

Materials and methods

This is a descriptive study in which 59 nursing students who experienced the first session by questionnaires.

Results

In this study 62/7% of the subjects said that they were not familiar with clinical setting and 45.8% said that they feared from the educators evaluation.

Discussion

The findings indicate that the distressing factors must be identified during the first clinical experiences and we must use different strategies to reduce or eliminate these factors and in this way increase the students motivation and interest to their job.